

SYDNEY COUNSELLING CENTRE

Sydney Counselling Centre (SCC) has been providing expert psychological and counselling services since 1989.

Our specialities include:

General counselling for families, couples and individuals;

Therapy for issues including depression, anxiety, drug and alcohol problems, anger management, coping with trauma;

Vocational guidance; identification of career interests, resume development and interview preparation;

Assessment and Diagnosis of adults and children; including giftedness, intellectual ability, learning difficulties; dementia, head injuries, general personality profiles;

Consulting and Report services for legal matters such as custody, criminal, personal injury.

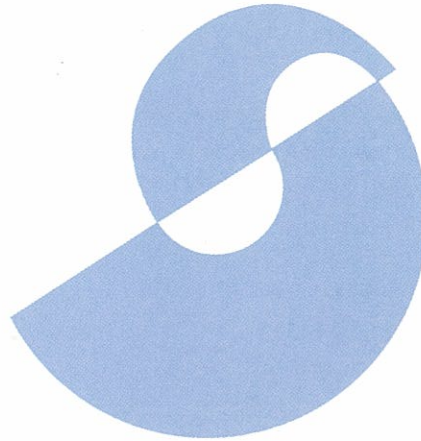
Background Information



SYDNEY COUNSELLING CENTRE

ACN 056 809 806

Specialist & General Psychological Services for Adults & Children



CHATSWOOD

Level 10, 815 Pacific Highway

PARRAMATTA

Level 1, 20 Wentworth St.

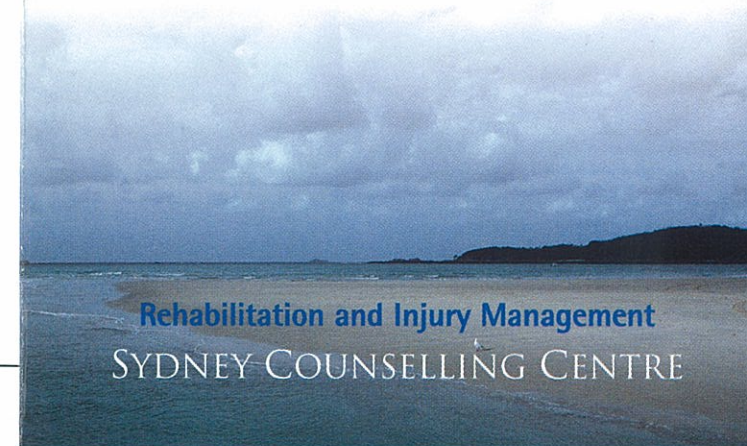
NEWTOWN

Level 1, Newtown Business Centre,
1 Erskineville Road

www.sydneycounselling.com.au

9415 2223

*Listening
is the
first
step*



Rehabilitation and Injury Management
SYDNEY COUNSELLING CENTRE

Rehabilitation and Injury Management

Who are we?

A specialist service provider in the area of rehabilitation, injury and trauma management.

What do we do?

Treatment

Assistance dealing with issues associated with injury or trauma, including counselling and psychological support.

Injury and Trauma Management

A prompt and cost-effective program aiming to restore pre-injury level.

Case management

- Goal setting
- Return-to-work plans
- Implementation
- Review

Assessment and Report Writing

- Medico-legal
- Psychological
- Vocational

Referral Matters

All insurance claims including

- Comprehensive Third Party
- Workers Compensation
- Income Protection
- Public Liability

When to refer?

Rehabilitation may be appropriate if you have been injured and are unable to resume activities of daily living, have difficulty returning to school or work, or have persistent, chronic disabling pain.

Who can refer?

- Medical Practitioners
- Insurance Companies
- Solicitors
- Rehabilitation and Health Care Providers
- Employers or Unions
- Self-Referral

Responding and feedback

Immediate telephone contact
Consultations usually within 5 days
Reports within 7 to 10 days

We help you develop strategies to manage:

- Post-traumatic stress
- Pain management
- Adjustment to disability
- Depression, anxiety, anger, panic attacks and phobias
- Chronic fatigue and post-viral syndrome
- Alcohol and drug dependency
- Suicidal thinking
- Cognitive problems relating to memory, language or social skills
- Eating disorders, compulsions and rituals, and other behaviour problems

When are appointments available?

Generally appointments can be made Monday to Friday, 8.30am - 5.00pm at any of our sites.

Enquiries to: Program Coordinator
Jane Randall
Sydney Counselling Centre
Level 10, 815 Pacific Hwy.
CHATSWOOD NSW 2067
Telephone 02 9415 2223
Facsimile 02 9415 1361



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